

CURRICULUM INFORMATON

<i>Year 8 have 1 lesson a week</i>		
Term	Units of Study/Scheme of work	Key homework and assessments
Autumn	Netball/Trampolining – half a term of each	n/a
Spring	Outwitting Opponents (through handball, tag rugby, basketball and netball)	n/a
Summer	Rounders/Fitness	n/a
How can we help at home?	<p>Encouraging pupils to get involved with the extra-curricular programme within the school.</p> <p>The more pupils can practice physical skills, the better their progress and general fitness level.</p> <p>Clubs are offered before, at lunch and after school every day of the week.</p> <p>Also encourage pupils to get involved with sport and physical activity within their local area.</p>	