







## Valentine's Day - and Classics!

### Roman origins of Valentine's Day - The Lupercalia

A February festival of fertility...





## The Greeks: Sappho

I don't know what to do: I am of two minds.

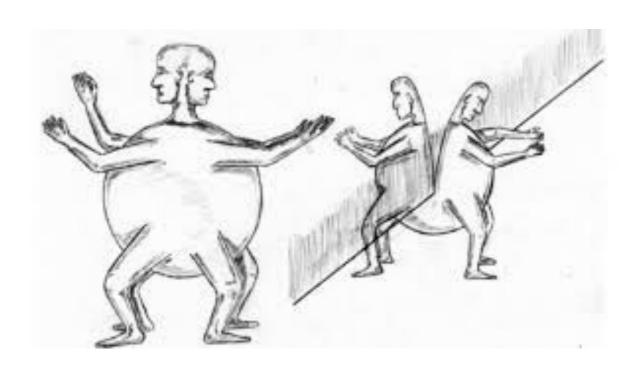
I desire And I crave.

As a wind in the mountains assaults an oak, Love shook my breast.



## The Greeks: Plato's explanation of why we experience love

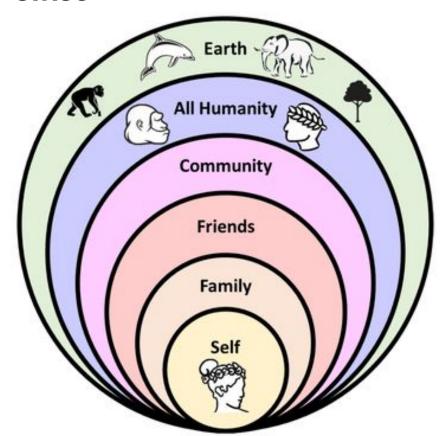
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#### Stoicism and Love - starts in the 'oikos'

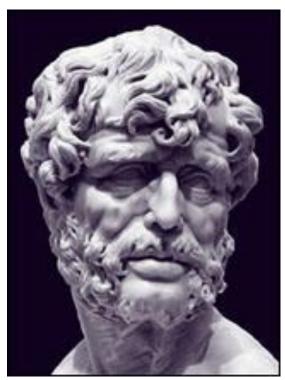
Everything important stems from the closest familial relationships - the 'oikos' in Greek.

We should aim for our relationships with all of Earth to be as important as the relationships which are closest to us.



#### Seneca's views on love

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# If you wish to be loved, love! —Seneca

'alteri vivas oportet, si vis tibi vivere.'

'You must live for another, if you wish to live for yourself.'

'For what is more pleasant than to be so dear to your wife that you become dearer to yourself?'

## Takeaways?

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