



**First aid
Fortnight**

**Would you know
what to do in a first
aid emergency?**

Is learning about First Aid
important?

Not everyone deserves help
in a First Aid emergency

The more people around
when a first aid emergency
happens, the less likely an
individual is to act



Lack of first aid skills endangers up to 150,000 lives

Thousands who die each year from blocked airways and heart attacks 'could be saved with first aid'

- Nearly two-thirds (59%) wouldn't feel confident trying to save a life
- A quarter (24%) would do nothing and wait for an ambulance to arrive or hope that a passer-by knows first aid
- Around a third (39%) would try and do first aid even though they are not sure what to do

So what can we do?

What's going on this week?



MONDAY

Y9 are doing some first aid in PSHE

OTHER FORM TIMES IN THE WEEK:

Choking

The recovery position

Treating a burn

Seizures

CPR + Defibrillator use



What else can you do?

First Aid is really important - if you're inspired...

- Watch first aid videos online
- Join the St. John's Ambulance Cadets - once a week after school clubs where you learn lots of First Aid and get to meet new people!





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