

The background of the entire image is a dense field of stars in various shades of yellow and orange, creating a bright and celebratory atmosphere. The stars vary in size and opacity, with some appearing as solid white or bright yellow and others as faint, semi-transparent shapes.

**PE**

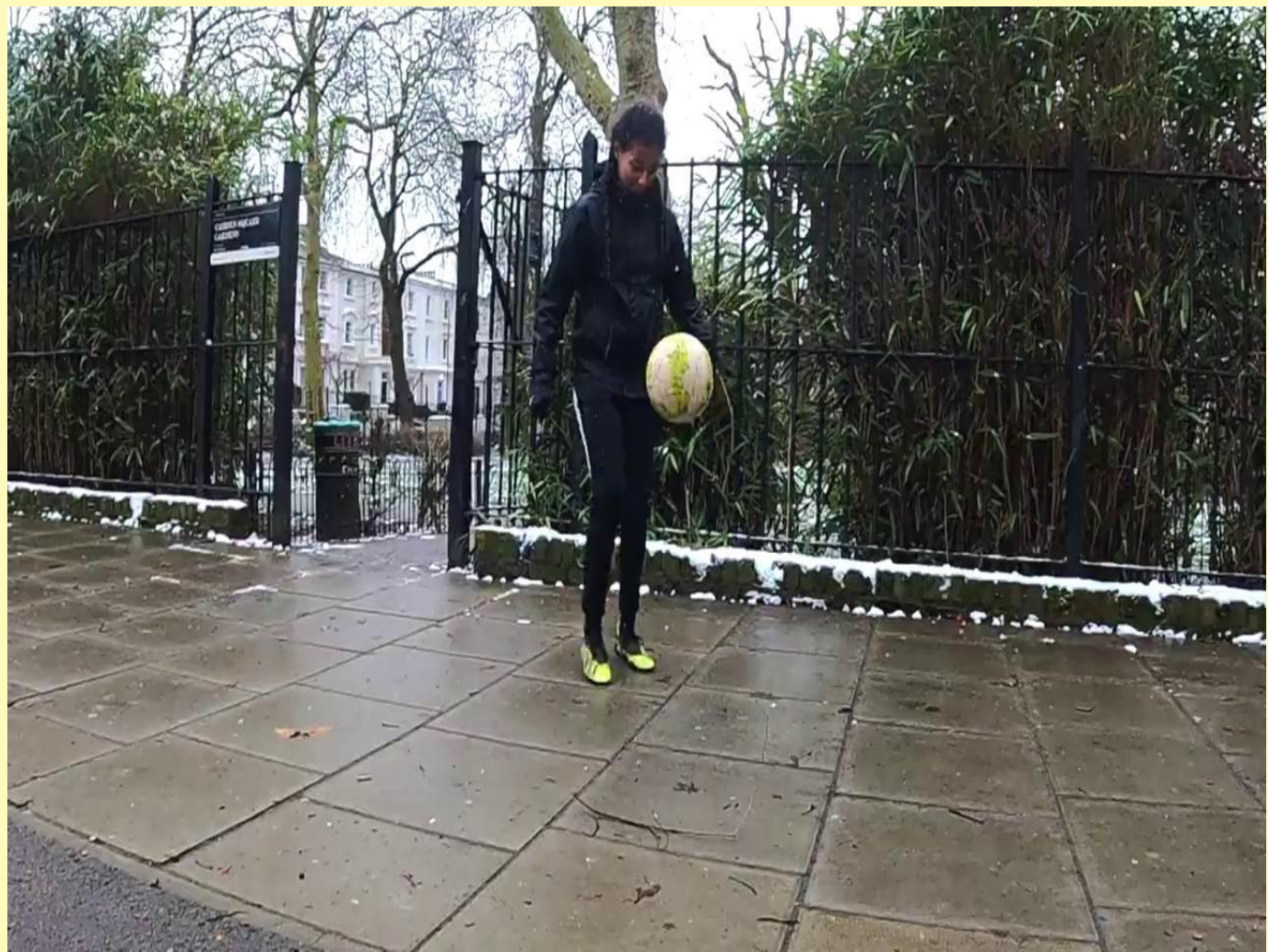
**Wall of Excellence**

**Lockdown Edition**

# Lets share and celebrate!

Physical activity is important for your physical and mental well being. Research has shown that being active can help you sleep better, help you concentrate, boost your self-esteem and most importantly, make you feel good about yourself!

The PE department have gathered your best photos and videos to share what you have been doing to keep active during lockdown!

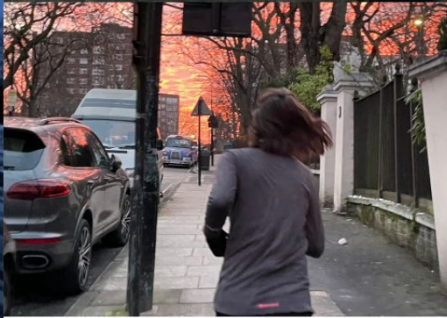
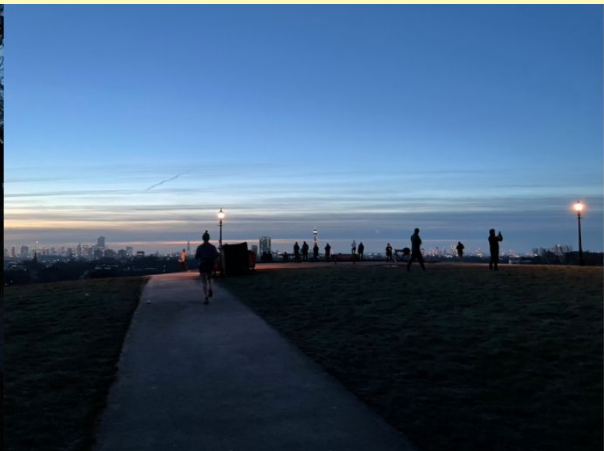
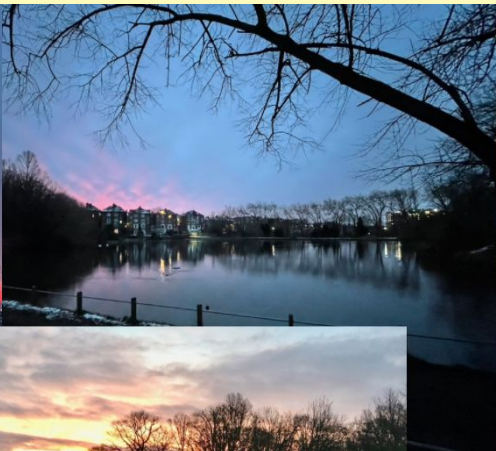
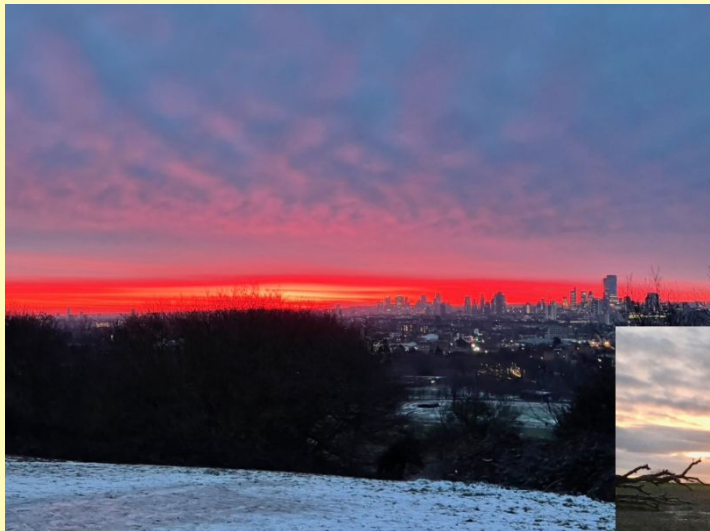


















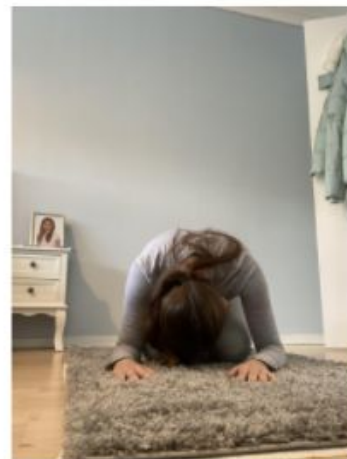
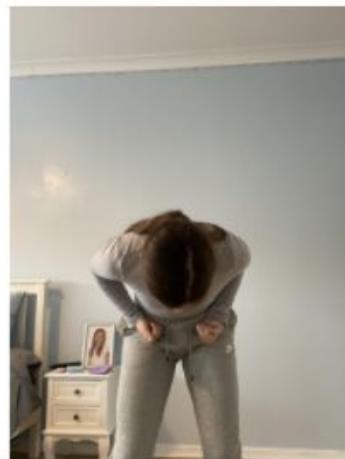
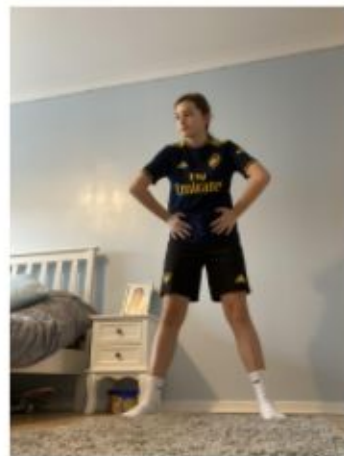
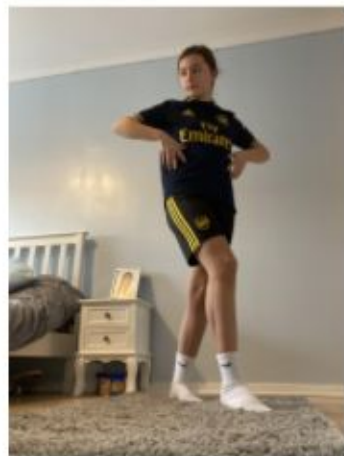


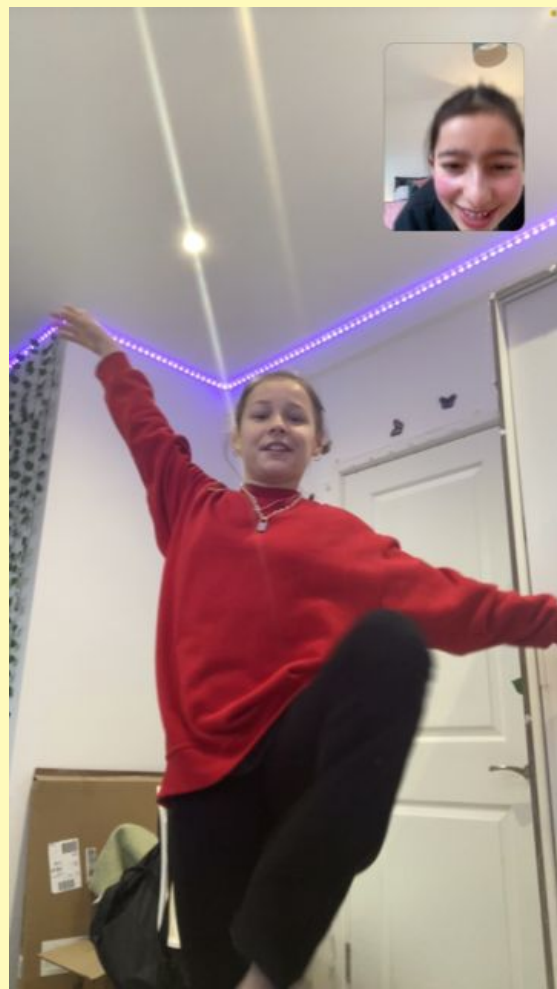










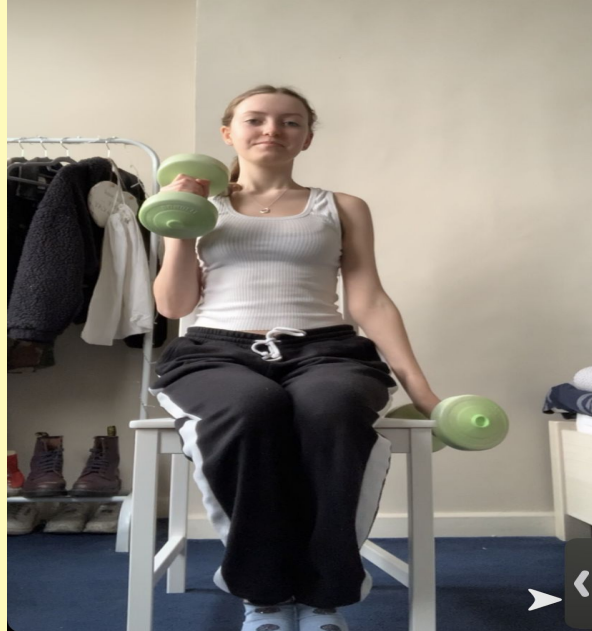




























# Stay active!

Thank you to all of you that have sent in your photos and videos!

The weather is getting warmer and lighter! Please make sure you are prepared for your PE lessons by bringing in correct kit and water bottle to stay hydrated!

PE clubs will be starting back up soon so listen out in the BANDA! Everyone is welcome whatever their ability!

New Y7 PE Ambassadors have been announced! Loveday Anstice 7C, Amelia Firth 7C, and Milla Stimpson 7T welcome to the team! Please congratulate the girls if you see them around school!